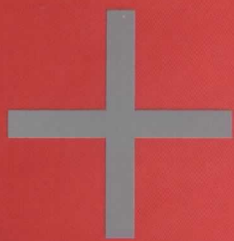


# tu ciudad LOS ANGELES

YOUR GUIDE TO LATINO L.A.

## Vanessa Marcil

Unwrapping  
My Masa  
Memories



**SEX Y L.A.**

Bait 'em  
and Date 'em

**YEAR IN REVIEW**

First Ever  
Holy Frijole  
Awards

**PROFILE**

Searching for  
Al Martinez

## Party Time!

Our Festive  
Holiday Guide  
to Food, Fun &  
Fa-La-La in L.A.

Hitting the Road  
With Pop Star  
Julieta Venegas

Dec/Jan 2006 \$3.95



0 74820 08931 6 01>



# ciudad

## Ángeles in the City

'Tis the season to reach out and help those in need, and *Ciudad* can help you do just that. Following are eight causes that you can contribute to by sending a donation or by volunteering. Simply clip the coupons and mail them in with your monetary donation, or contact the groups directly.

Note: our staffers have researched these nonprofit charities, but we suggest you also do your own research before giving so that you're confident your hard-earned money is going to a good cause.



### Reading to Kids

Aimed at inspiring a lifelong love of books, Reading to Kids brings together volunteers to read to elementary-school children in underserved areas of Los Angeles. Your involvement will help encourage students to crack open a book just for the fun of it.

To donate, mail this coupon and a check payable to **Reading to Kids** to: Reading to Kids, 1600 Sawtelle Blvd., Suite 210, Los Angeles, CA 90025; or visit [www.readingtokids.org](http://www.readingtokids.org) to register to volunteer (must be 18 or older).

### Para Los Niños

Para Los Niños provides alternatives to challenges faced by more than 2,000 children residing in some of Southern California's poorest neighborhoods. Early childhood and family programs address emotional, educational, and other concerns.

To donate, mail this coupon and a check payable to **Para Los Niños** to: Para Los Niños, 500 Lucas Ave., Los Angeles, CA 90017; or visit [www.paralosninos.org](http://www.paralosninos.org) to learn about volunteer opportunities.

### Mama's Hot Tamales Café

Help fund Mama's Hot Tamales' food-industry training program, which teaches local tamale makers small-business skills, by donating to the Institute for Urban Research and Development, the local nonprofit that operates Mama's Hot Tamales Café.

To donate, mail this coupon and a check payable to **Institute for Urban Research and Development** to: Mama's Hot Tamales Café, 2122 W. 7th St., Los Angeles, CA 90057; or visit [www.mamas-hot-tamales.com](http://www.mamas-hot-tamales.com) for more information.

### United Farm Workers of America, AFL-CIO

One of many campaigns under way is a push for legislation requiring workers be provided with adequate water and breaks while tending fields on hot days.

To donate, mail this coupon and a check payable to **United Farm Workers of America** to: United Farm Workers, "Cesar's Dream," 29700 Woodford-Tehachapi Rd., P.O. Box 62, Keene, CA 93531; or visit [www.ufw.org](http://www.ufw.org) to donate online.

### Padres Contra El Cáncer

Latino children suffer high mortality rates from leukemia and other cancers often because they have fewer health-care options available to them. You can do your part by contributing toward the care and treatment of children suffering from cancer.

To donate, mail this coupon and a check payable to **Padres Contra El Cáncer** to: Padres Contra El Cáncer, 3479 Cahuenga Blvd. W., Los Angeles, CA 90068; or visit [www.padrescontraelcancer.net](http://www.padrescontraelcancer.net) to donate online.

### National Hispanic Scholarship Fund

The Hispanic Scholarship Fund has awarded more than 68,000 scholarships to deserving students in an effort to double the rate of Latinos earning college degrees.

To donate, mail this coupon and a check payable to **National Hispanic Scholarship Fund** to: Hispanic Scholarship Fund, 55 Second St., Suite 1500, San Francisco, CA 94105; or visit [www.hsf.net](http://www.hsf.net) to donate online.

### Habitat for Humanity

Get involved with Habitat for Humanity and you'll be helping to provide houses to needy families. Opportunities for involvement include working on a construction site, pitching in at the home-improvement store, and much more. The end result? Good will and shelter.

To donate, mail this coupon and a check payable to **Habitat for Humanity** to: Habitat for Humanity of Greater Los Angeles c/o Development Dept., 17700 S. Figueroa St., Gardena, CA 90248; or visit [www.habitatla.org](http://www.habitatla.org) to learn how to volunteer.

### Los Angeles Boys & Girls Club

The Los Angeles Boys & Girls Club provides a safe environment where young people can develop self-esteem and be mentored by caring adults.

To donate, mail this coupon and a check payable to **Los Angeles Boys & Girls Club** to: Los Angeles Boys & Girls Club, 2635 Pasadena Ave., Los Angeles, CA 90031; or visit [www.labgc.org](http://www.labgc.org) to learn about volunteering to help with homework.