## THE HUFFINGTON POST

## 7 Best Ways To Volunteer In L.A.

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Want to kick off 2010 with a few good deeds? If you're in the Los Angeles area, ABC-7 has you covered.

From giving back a little puppy love to raising literacy rates for children across the city, they've pulled together the top seven ways you can volunteer in L.A.

Here's more on the top three:

**#1** Karma Rescue: Karma Rescue saves at-risk dogs from the high kill Los Angeles area shelters. Karma provides each dog a new beginning and finds them safe and suitable permanent homes through adoption, advocacy and education.

Find out more about volunteering with the organization, and fostering or sponsoring a dog in Los Angeles on the site's How You Can Help section.

#2 Reading to Kids: Reading to Kids is a grassroots organization dedicated to inspiring underserved children with a love of reading, thereby enriching their lives and opportunities for success in the future. To this end, Reading to Kids gathers on average 1,175 children and 473 volunteers at reading clubs on the second Saturday of every month at eight Los Angeles elementary schools.

You can volunteer at one of the regular reading sessions, donate to the program or join the program's taskforce by learning more on the program's site.

**#3** Chrysalis: Chrysalis is a Los Angeles based non-profit dedicated to helping economically disadvantaged and homeless individuals become self-sufficient through employment opportunities. It provides critical employment services to over 2,500 individuals annually through our centers based in downtown Los Angeles, Santa Monica, and the San Fernando Valley.

You can help get people back on their feet by making an in-kind donation, volunteering at one of the Chrysalis centers or hiring a Chrysalis worker. Find out more on the Chrysalis site.